

# Ventilation unit with heat and moisture recovery



COMFORT ESSENTIAL

# suitable for apartments and family houses universal installation position heat recovery and humidity regeneration constant flow controls simple installation

...The latest Xflat200 unit from the Xflat range offers the highest possible comfort in its category. Thanks to a well-thought-out design, advanced technologies and system "MultiFlex" provides users with maximum comfort and efficiency in everyday life. Simplicity and flexibility of assembly are key factor for users and installation companies.

The design metal sheet cover is removable if the major servicing or cleaning is needed.

EPP insulated throats for duct connection. Possibility turn by 90°. Outer diameter 160mm, inner diameter 130mm

**Option of remote control** by WIFI and connection to smart home system

The unit stands out low weight and small height (only 16kg and 210mm)

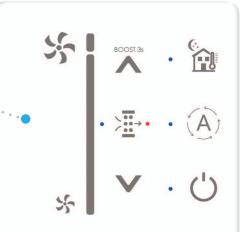
unit **under the ceiling or** 



Filtration class M5 (ePM 10 55%), Filtration class F7 (ePM 50%),



is used to control the air output and other functions of the unit. Connection to the connector. 10m cable included.



**Accessible controls** simple connection of

accessories



The option to connect an external pre-heater and after--heater controlled directly by unit. Thanks to this solution, heaters are operating only when needed.

The option to install the on the wall.



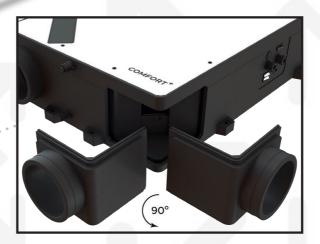
The body of the unit is made



of black EPP (expanded polypropylene).



Turning the throats by 90° for a smooth duct connection.



"MULTIFLEX" system

"MultiFlex" system makes the unit extremely versatile

> Switching between left and the right execution during installation. By reconnection of small PCB bridge.

**Settings of nominal flow rate** to 150 or 200 m<sup>3</sup>/h directly on the unit. By reconnection of small PCB bridge.

and moisture recovery unit

FLAT200 Heat and moisture recovery to

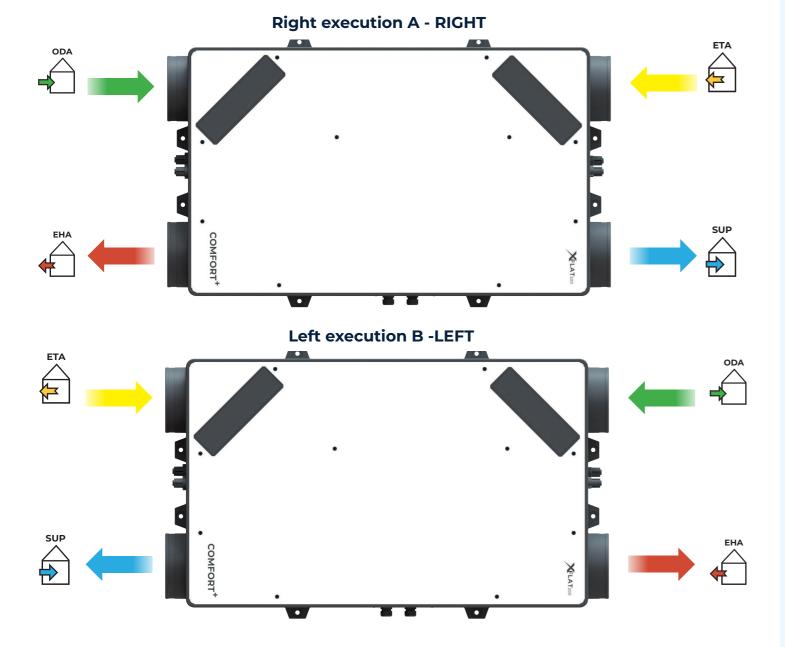




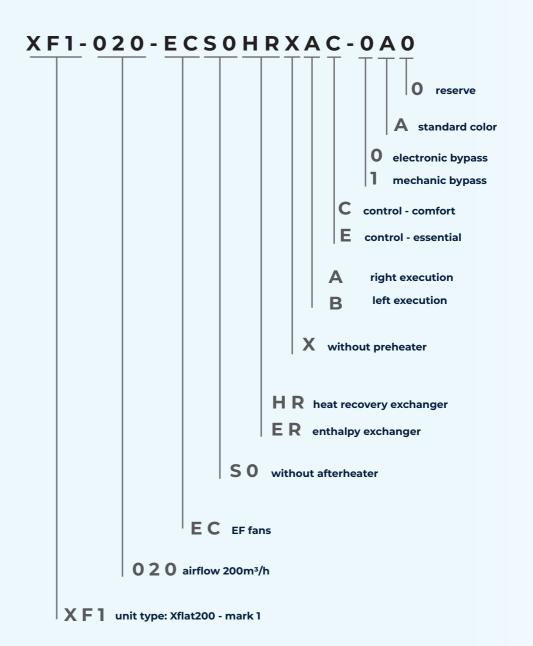
# ....a description of the unit and its features...

Central unit Xflat200 with heat and humidity recovery. This is very suitable device for the ventilation of apartments and family houses, with its air output of 200 m3/h (alternatively 150 m3/h). The unit can be installed both ways - under the ceiling or vertically on the wall, due to its smart design. Xflat200 can be mounted on ceilings of normal height without getting in the way, thanks to its minimum height. The biggest advantage is the universality and flexibility of the connection.

# **Airflow diagram**



# coding Xflat200



Heat and moisture recovery unit



# AT<sub>200</sub> Heat and moisture recovery unit

# FLAT

# Frequently asked questions / Answers

# Decentral vs. central ventilation...

**Decentral ventilation** is mechanical ventilation for one room only. **Central ventilation** is mechanical ventilation of more rooms by once device.

Central ventilation is provided by units with bigger dimensions than units for decentral ventilation, since these has to supply higher air volume. Units for central ventilations are usually located in the technical room where they are not annoying the users by high noise level and they are not blocking any space. Central ventilation systems require ducting for supply and extract air, which are often difficult to place in the way to do not disturb. Central ducting systems require cleaning every year, which is complicated. Cost investment of the installation of ducting and theirs covers are usually in the same level as the purchase price of the ventilation unit. Another aspect is regulation and controlling of these systems in order to achieve minimum operation costs and distribution of the air to there where is needed. The advantage is, that suction and exhaust does not have to be located on the outside wall and if so, there are always only two openings.

Decentral units are used for ventilation of one room only. Theirs dimensions vary from very small ones located in to the wall, to bigger ones with dimensions similar to smaller radiator. These units ventilate only selected rooms and when needed. Theirs advantage is, that these units can be operated according to sensors of quality of the air (Air Quality sensors -AQS), typically by CO2 sensor or relative humidity sensor. Thanks to the sensors the unit ventilates only when the concentration of pollution in the air is above set level – this means "ON DEMAND". This ensure, that the energy consumption during ventilation is at minimum level, about 35% lower than ventilation without sensors. More powerful units can supply in to the room bigger air volume of the air in case of need than central units and thus can ventilate the room faster and better.

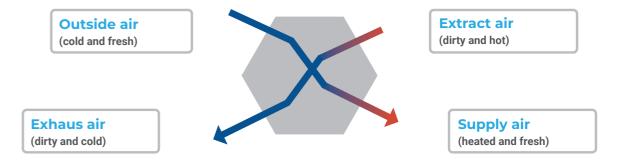
It is necessary to consider more suitable solution for each specific project.



# What is heat recovery...

**Heat recovery** generally means backwards usage of the energy. In the case ventilation we talk about heat recovery or eventually about moisture regeneration. Quantity of energy to be saved is expressed by efficiency shown in percentage points and such a value represent quantity of the heat/moisture, what is the unit able to gain from the extracted(exhausted) air and transfer it to supplied (fresh) air. Higher efficiency value means better. This is valid for heat recovery with efficiency up to 85%, because the heat recovery with higher efficiency has trouble with freezing condensate in the exchanger. This fact seriously limits the heat recovery during winter time.

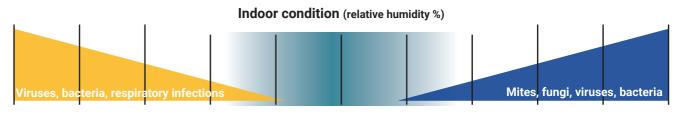
Important fact is, that ventilation with heat recovery saves up to 85% of the heating costs in comparison with ventilation by windows.



# What means enthalpic regeneration...

**Enthalpic regeneration (ERV)** means backwards gaining of the moisture from the extract air. The supplied air is so dry in the winter, that it can reduce the indoor relative humidity in the air below 20%. Such a low relative humidity cause drying-off the skin, mucous membrane and wood-made furniture and floors. Dry mucous membrane makes breathing less comfortable and cause respiratory diseases. Dehydration of the skin makes wrinkles and the drying-off the wood can damage furniture or floors. Ideal relative humidity inside should be around 50%. The solution is usage of **Enthalpic Recovery Exchanger** (Xvent recommends).

It is important to know that enthalpy heat exchangers always also recover heat.



too dry air ideal condition too wet air

# How to choose right size of the unit...

One of the mains parameters of the unit is the air volume which is the unit able to supply in to the room. Value which is usually used for choice, is quantity of the air at one square meter of the floor space. **Manufactures usually used 25m3/h at 20m2**. This is half quantity which ensure healthy climate. For the most cases are better to use quantity of the air need at quantity of the people inside the room. Typical value is **25m3/h/person**.

It is important to choose higher value of both methods in specific case anyway.

# Why is mechanical ventilation needed...

Ventilation by windows is in many cases enough (residential areas, alone houses close to the forest), but does not ensure the energy savings (heat in the winter, cold during summer). But if there is noise outside, pollen, annoying smell or freezing conditions, the ventilation by window is not the best solution. Even thought in the summer, if the room is equipped by air conditioner, is the opening the windows not suitable. In all cases mentioned above is the mechanical ventilation senseful solution. If the unit is equipped by heat recovery and/or moisture regeneration, the energy savings reach 85%, which will have to be supplied by heating or by cooling device otherwise.

It is important to consider if the priority is price or health.

5

Heat and moisture recovery unit

# What does the "MULTIFLEX" system

The Xflat200 recuperation unit provides maximum versatility both in selection and even during installation, when changes are often already difficult. Thanks to the MULTI-FLEX system, you can choose correct air output of 150 or 200 m3/h directly on the unit. The unit can also be switched between the left and right version, which practically means that its behavior is electronically adapting the direction of the flow of outdoor and indoor air. Turning the throats 90° is another and indisputable advantage during final assembly.

# 90° rotation of the throats for a easy connection of the duct.



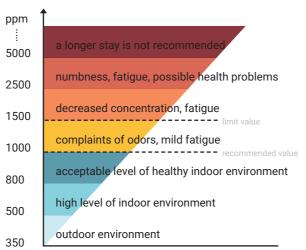
Switching between left and the right execution during installation. By reconnection of small PCB bridge.

Settings of nominal flow rate to 150 or 200 m<sup>3</sup>/h directly on the unit. By reconnection of small PCB bridge.

# Why sensors (air quality sensors)...

Sensors enable automatic operation of the unit. The unit operates only, when the inside quality of the air is worse than requested. When fulfilling the air quality request, such a solution generate only minimum ventilation costs in the real operations! This also means lower operation costs and faster paid back of the investment to ventilation unit purchase. Xflat enables connection of CO2 sensor, RH sensor and radon sensor.

It is important to consider, if the more important are operation costs, or purchase investment.



# What are the operation costs...

Operation costs are generated by heating costs, costs to operate the fans and by maintenance and service costs. Heating costs are lower about 85% in comparison with ventilation by windows for the same time period. Operation costs of the fans are thanks to the EC fans 1 EUR/month when considering average usage four hours a day every day. Costs of filter replacement are around 10 EUR/month when replaced twice a year.

# How complicated is the installation...

Installation of the unit is simplified, that handyman can install it by him self. Installation does not require any specialist. Because the unit is very light, installation is possible in one. The mains connection cable is already removed from the unit. Retrofitting and connection of accessories is carried out in the control box.

# How difficult is the maintenance...

The Xflat is designed to be maintenance free. Only thing needs to be under the control is filter clogging. Good condition of the filters ensures smooth operation and stable high level heat recovery and moisture regeneration. Clogged filter is signal by flashing diode "filter" on the control panel. In such case is necessary to follow the operation manual. The front cover comes to remove and by opening two plugins with inscription "FILTER" is possible to access and replace these filters by new clean ones. The replacement of the filters to be confirmed by pushing the RESET button and that's it.

It can not be easier.

# What is the difference between electronic and mechanical bypass...

Summer bypass - During the colder nights of the summer, in addition to the normal ventilation of the windows, it is also possible to use forced ventilation with the bypass function. Otherwise, it pays to use a ventilation system with heat recovery. This bypass directs the exhaust air around the heat exchanger (see figure), thus preventing the "cooler" supply air from being heated by the warm exhaust air.

Elektronic bypass - Electronic bypass - there is no physical bypass of the recuperator, but only the exhaust fan is switched off. The supply fan pushes the air through the recuperator, but it is not heated by the exhaust air.

Better price, greater thermal efficiency, fewer mechanical parts

No air is discharged during bypass switching (the object is slightly overpressured)

Mechanický bypass - there is a physical bypass channel with a flap that opens the bypass channel and closes the recuperation section at the same time.

**Equal pressure ventilation** 

Lower thermal efficiency, higher price, more mechanical parts

# Bypass logic (fresh air bypasses the recuperation part) **Recovery logic** ODA - outdoor air (fresh, cold) ODA - outdoor air (fresh, cold) ETA - extract indoor ai SUP - supply air to inside (recuperated) EHA - exhaust air to outside (recupareted) EHA - exhaust air to outside (recupareted)

16mm

Fan status

diode

COMFORT+ and COMFORT regulation allows complete setting of the recuperation unit. The controller connects to the unit using a cable with RJ45 connectors (10 m in the package) - this guarantees a simple and secure connection. The control can be extended with a WIFI module and everything can be controlled conveniently using the web application. You can also connect the unit to a BMS

XFLAT200







Press the button to set the manual mode. Ventilation is manually controlled by the user, outputs from AQS sensors are ignored. Press the button again to activate automatic mode - ventilation on request based on AQS sensors (if connected)

# FILTER CLOGGING

The clogged filter indication is activated by timer, after approximately 6 months of operation (only if the unit is ventilating). Indication

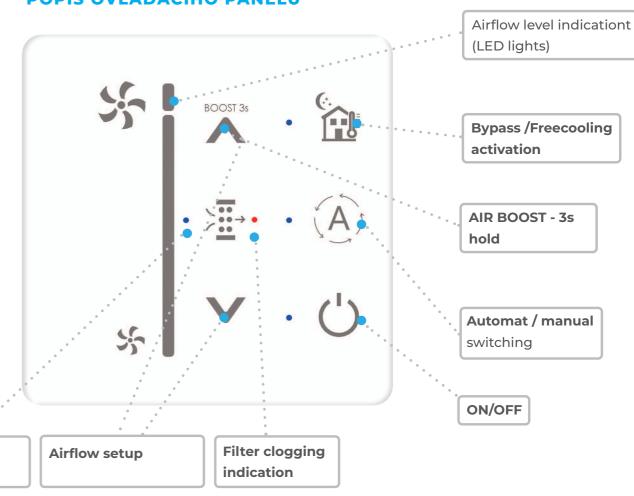
# FREE COOLING (bypass)

Activate the night free cooling function by pressing a button. Free cooling is cooling the room in summer by cold night air. This function is running automaticly acc. internal logic. The intensity of the supplied air is possible to change during this mode.

# **AIRFLOW BOOST**

By pressing the button for 3sec the intensive ventilation will start for 30sec period. Shall you wish to turn off this regime within 10 minutes, press the button for 3 sec once again and the unit comes to the setting used before. Boost time running you are able to set in customer menu (30sec - 20min)





# UNBALANCING FLOW

In customer menu its possible to unbalanced flow of fans (0-35%). The exhaust fan will have less power than the supply fan.

# CHILDREN'S LOCK

Activated by pressing the summer mode button for 6 seconds.

# **ANTIFREEZE PROTECTION**

FLAT200

The unit is equipped with an anti-freeze sensor located in the recuperator. If the temperature drops below the set limit, the unit starts the antifreeze protection - fan balancing. If the unit is equipped with an external preheater, which is connected to the unit control, the preheating is started first and if it is insufficient, the fan balancing is started.





# Control description FLAT200 ESSENTIAL

The ESSENTIAL regulation is a simplified version control of the recovery unit. Still, it provides the basic and fully sufficient functions. Two potentiometers allow set the desired flow rate and time period of the night cooling (bypass). The controller is connected to the unit by 10m by cable.



# FILTER CLOGGING

The clogged filter indication is activated by timer, after approximately 6 months of operation (only if the unit is ventilating). Indication

# **ANTIFREEZE PROTECTION**

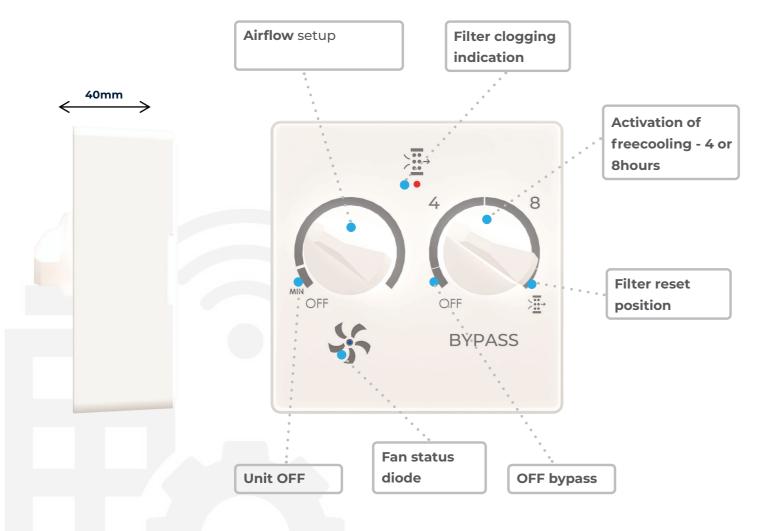
The unit is equipped with antifreeze sensor. If the temperature drops below set limit, the unit starts frost protection.

# FREECOOLING (bypass)

The function can be activated at any given time time period 4 and 8h. Then the unit returns

# **AIRFLOW BOOST**

The possibility of connecting an external contact, which activates BOOST mode (max. power units).



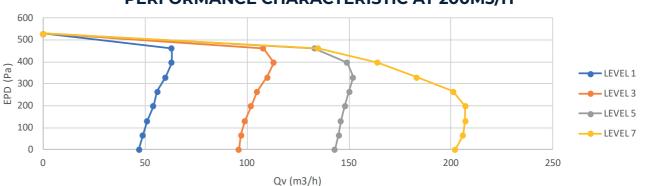
# Technical data Xflat200

IP rating Energy class (SEC)	IP -				20 dle A ; warm E		
Efficiency EN 13141-7 heat/humidity ***	%	88 / -	78 / 40	88 / -	78 / 40	88 / -	78 / 40
Nominal power comsumption	w			1	70		
Power supply	V/Hz			1 ~ 230	) / 50-60		
Weight **	kg		1	6		16	5,5
Noise level *	dB (A)			3	5,1		
Nominal airflow (EPD 200Pa)	m3/h			2	00		
Type of exchanger		HRV	ERV	HRV	ERV	HRV	ERV
		COM	MFORT	ESSE	NTIAL	СОМЕ	FORT+
SET - 200m³/h		XAC-0A0	XAC-0A0	XAE-0A0	XAE-0A0		ckýcm bypassem
type XFLAT 200		XF1-020-ECS0HR-	XF1-020-ECS0ER-	XF1-020-ECS0HR-	XF1-020-ECS0ER-	XF1-020-ECS0HR- XAC-1A0	XF1-020-ECS0ER- XAC-1A0

<sup>\*</sup> accoustic pressure in 3m (freespace)



# PERFORMANCE CHARACTERISTIC AT 200M3/H

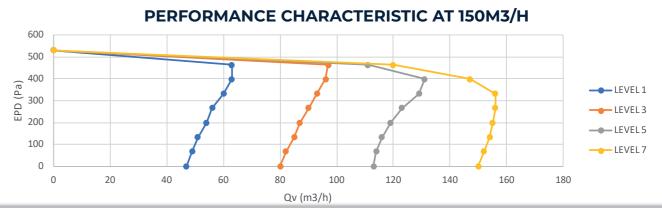


type XFLAT 200 NASTAVENÍ 150m³/h		XF1-020-ECS0HR- XAC-0A0	XF1-020-ECS0ER- XAC-0A0	XF1-020-ECS0HR- XAE-0A0	XF1-020-ECS0ER- XAE-0A0	XF1-020-ECS0HR- XAC-1A0	XF1-020-ECS0ER- XAC-1A0
		COM	IFORT	ESSE	NTIAL		FORT+
Type of exchanger		HRV	ERV	HRV	ERV	HRV	ERV
Nominal airflow (EPD 200Pa)	m3/h			2	00		
Noise level *	dB (A)			3.	1,4		
Weight **	kg		1	6		16	5,5
Power supply	V/Hz			1 ~ 230	) / 50-60		
Nominal power comsumption	w			1	04		
Efficiency EN 13141-7 heat/humidity ***	%	89,3 / -	80,5 / 43	89,3 / -	80,5 / 43	89,3 / -	80,5 / 43
IP rating	IP			2	20		
Energy class (SEC)	-			cold A+ ; midd	lle A+ ; warm E		

<sup>\*</sup> accoustic pressure in 3m (freespace)

\*\* weight without packaging





<sup>\*\*</sup> weight without packaging

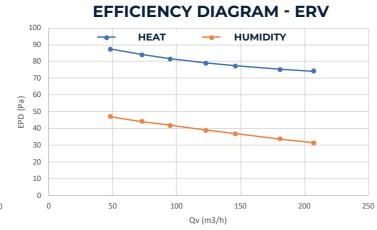
<sup>\*\*\*</sup> at 70% of nominal airflow acc. EN 308

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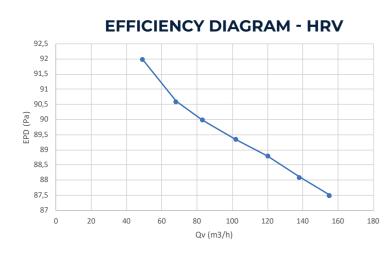


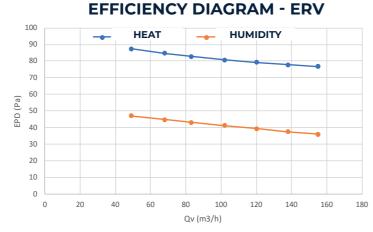
Range					Xf	lat 200 - set	200m3/h					
Unit type		XF1-020-ECS0HRXAx-0A0					XF1-020-ECS0ERXAx-0A0					
Type of exchanger			HRV (hea	at)				ERV (entalpic)				
		Airflow (m3/h)	Efficiency (%)	Current (A)	Com- sumpti- on (W)	Airflow (m3/h)	Efficiency (%)	Efficiency (hu- midity) (%)	Current (A)	Com- sumpti- on (W)		
Airflow level	1.	48	92	0,1	11,7	48	87,4	47,2	0,1	11,7		
	2.	73	90,1	0,1	18,4	73	84	44,3	0,1	18,4		
	3.	95	89,5	0,2	26,2	95	81,5	42	0,2	26,2		
	4.	123	88,4	0,3	42,5	123	79	39,1	0,3	42,5		
	5.	146	87,7	0,5	66,4	146	77,3	37	0,5	66,4		
	6.	181	86,6	0,9	126,0	181	75,4	33,8	0,9	126,0		
	7 nominal	207	85,9	1,2	173,0	207	74,2	31,6	1,2	173,0		
	8 boost	207	85,9	1,2	173,0	207	74,2	31,6	1,2	173,0		

# EFFICIENCY DIAGRAM - HRV 93 92 91 90 88 87 86 85 0 50 100 150 200 250 Qv (m3/h)



Range			Xflat 200 - set 150m3/h										
Unit type		XF1-020-ECS0HRXAx-0A0					XF1-020-ECS0ERXAx-0A0						
Type of exchanger			HRV (hea	at)				ERV (entalpic)					
		Airflow (m3/h)	Efficiency (%)	Current (A)	Com- sumpti- on (W)	Airflow (m3/h)	Efficiency (%)	Efficiency (hu- midity) (%)	Current (A)	Com- sumpti- on (W)			
Airflow level	1.	49	92	0,12	13,14	49	87,4	47,2	0,12	13,14			
	2.	68	90,6	0,15	18,44	68	84,7	44,9	0,15	18,44			
	3.	83	90	0,18	23,43	83	82,8	43,2	0,18	23,43			
	4.	102	89,4	0,26	35,48	102	80,8	41,2	0,26	35,48			
	5.	120	88,8	0,36	50,55	120	79,2	39,4	0,36	50,55			
	6.	138	88,1	0,51	71,74	138	77,9	37,6	0,51	71,74			
	7 nominal	155	87,5	0,74	104	155	76,8	36,1	0,74	104			
	8 boost	155	87,5	0,74	104	155	76,8	36,1	0,74	104			





# **Data - NOISE**

XFLAT 200 - SET 200m<sup>3</sup>/h

XF1-20-EC	S0XR)	KAS-0A0	- radiatin	g the unit	into the in	nterior (in	side the r	oom)		Sound power level LWA	Sound pressure level in a free field on a reflecting plane	
Airflow - setting		63 Hz	125 Hz	250 Hz	500 Hz	1 kHz	2 kHz	4 kHz	8 kHz	(dB A)	LPA (dB) in 1,5m	LPA (dB) in 3m
48		-	11,9	23,3	23,5	22,0	14,8	12,9	12,3	31,4	<20	<20
123	dB	17,6	27,3	36,3	31,9	40,0	30,6	24,5	15,4	45,7	32,3	24,4
207		30,5	38,7	47,7	42,7	47,5	45,8	40,0	31,0	56,5	43,0	35,1

XF1-15-ECS0HRXAS-0A0 - vyzařování jednotky do potrubí										
Airflow - setting		63 Hz	125 Hz	250 Hz	500 Hz	1 kHz	2 kHz	4 kHz	8 kHz	ho výkonu LWA(dB A)
ODA		37,1	47,0	42,6	40,8	38,7	29,5	25,3	19,8	57,6
SUP	dB	50,0	54,3	59,5	58,9	55,4	58,1	54,4	50,8	70,1
ETA	uв	36,0	44,6	48,0	41,4	39,4	33,4	26,2	21,0	57,7
EHA		52,1	56,1	58,9	55,9	58,2	56,7	53,9	51,0	70,1

# XFLAT 200 - SET 150m<sup>3</sup>/h

XF1-20-EC	S0XR)	KAS-0A0	- radiatin	g the unit	into the ir	nterior (in	side the r	oom)		Sound power level LWA	Sound pressure level in a free field on a reflecting plane		
Airflow - setting		63 Hz	125 Hz	250 Hz	500 Hz	1 kHz	2 kHz	4 kHz	8 kHz	(dB A)	LPA (dB) in 1,5m	LPA (dB) in 3m	
49		-	12,1	23,6	23,8	22,3	15,0	13,2	12,5	31,7	<20	<20	
102	dB	17,3	26,5	34,1	30,4	38,6	28,5	22,4	14,4	44,0	30,6	22,7	
155		26,5	35,5	44,3	39,3	44,1	40,3	35,4	25,9	52,7	39,3	31,4	

X	F1-20-	ECS0XR	XAS-0A0	- radiati	ng the uni	t into the	duct 2 kHz	4 kHz	8 kHz	Sound power level LWA (dB A)
ODA		32,4	43,8	39,2	37,5	35,9	25,4	19,8	15,8	54,9
SUP	dB	47,9	51,6	56,4	55,1	52,0	51,9	49,7	45,7	66,8
ETA	ub	32,4	42,0	45,1	37,8	37,0	28,8	21,7	16,5	55,0
EHA		48,1	52,5	56,1	52,9	55,2	51,4	50,3	46,4	67,2

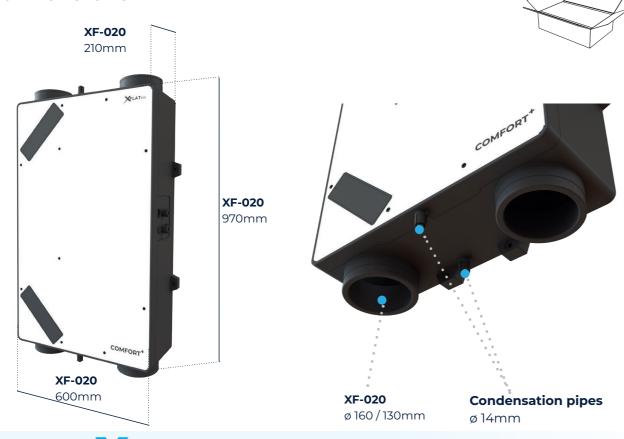
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# FLAT200

# **Packaging and dimensions**

		We	ight	De de la disconsider	December 511 mallions
Туре	Code	Brutto	Netto	Package dimension	Pcs at EU pallete
		k	g	m	ks
Xflat 200	XF1-020-ECS0xxXAx-xxx	18	16	1100x750x250	7

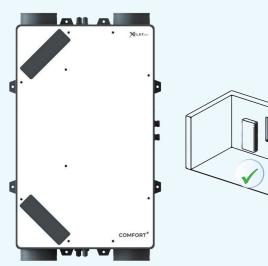
# **Basic dimensions**



# Instalation Xflat200

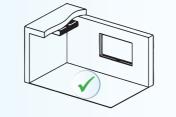
The Xflat unit allows installation both ways; on the wall (horizontally, vertically) and on the ceiling. Fastening is made by screws and washers into the prepared holes in the EPP body. The relevant condensate drain must be cut during installation and the condesate hose must be connected

# **WALL VERTICAL**



# **CEILING INSTALLATION**





# Package includes:

- unit Xflat
- Quick manual
- · Safety instruction
- Condensate pipe
- · Controller+cable

# **Accessories**



# **FILTERS Xflat200**

M5 - ePM 10 55% ISO 16890 F7 - ePM1 50 % ISO 16890

XF-020-FILTER-M5 XF-020-FILTER-F7



# CO, AQS

CO2 sensor	
NL-ECO-CO2	



# Rh AQS

KI I SCIISOI	
RH sensor	



# CO2+RH AQS

DH cancar	NLII-CO2+RH	
	RH sensor	



# **AQS BRIDGE**

AQS extension	
PRO-SUM-08	



### WIFI module

WIFI-MODULE-V01	
WIFI module	

EK-AH-160-0,6-1f



# 

LACCITION CICCOLITO CITC	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	EXCOTTO	010001
After heater		Pre	e heater

EK-PH-160-06-1f



External water heater/cooler



LOADBEARING

more info



Me

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